FINAL DONOR REPORT

Ararat Community Health Program

From diagnosis to lasting protection for displaced families and vulnerable rural residents

Ararat Province, Armenia | 2025–2026

A promise fulfilled

Dear Friends and Supporters,

With gratitude, FIDEC Armenia is proud to report that the Ararat Community Health Program has been fully completed. With your support, we delivered every major component promised: free examinations and cancer screenings, diagnostic follow-up, treatment and surgery when required, blood-pressure monitors, glucometers and testing supplies, three months of prescribed medication, practical patient education, and support for rural clinics.

The program reached displaced families from Artsakh and vulnerable local residents living in eight rural communities where the cost and distance of care often delay diagnosis. For many participants, this was their first opportunity to receive comprehensive preventive services and the tools needed to continue managing their health at home.

250	8	4
ADULTS RECEIVED COMPREHENSIVE CARE	RURAL COMMUNITIES REACHED	LOCAL CLINICS SUPPORTED

Where we worked this year

Artashat region: Azatavan and Baghramyan **Vedi region:** Vosketap **Masis region:** Marmarashen, Nor Kyurin, Jrahovit, Sayat-Nova, and Nizami

What completion means

The program did not stop at screening. People who learned they had hypertension or diabetes received the devices, medication, and practical knowledge needed to act on that diagnosis. Patients with suspected cancer received follow-up and timely surgery. Local clinics gained stronger capacity to continue care.

Health outcomes at a glance

The examinations revealed a high burden of chronic disease and several serious conditions that might otherwise have remained undetected.

Health area	Result	What followed
Hypertension	**166**	Patients received prescribed medication for three months; 157 families received blood-pressure monitors and practical self-monitoring guidance.
Diabetes	**57**	Each diabetic patient received a glucometer with testing strips, together with training on self-monitoring, nutrition, and healthier daily routines.
Women's health	**109**	Eighty-nine women received treatment for diagnosed gynecological conditions.
Thyroid disorders	**26**	Specialist follow-up identified **one case of thyroid cancer**; the patient underwent successful surgery.
Breast health	**14**	Mammography abnormalities were followed up. **One early-stage breast cancer** was detected and successfully treated with breast-conserving surgery.
Urological conditions	**10**	Cases, mainly prostate adenoma, were referred for appropriate specialist assessment and follow-up.
Colorectal screening	**25**	Occult blood was detected and followed up; no cancer was found.

Early detection changed a life

A 49-year-old woman displaced from Stepanakert, Artsakh, received a mammogram, MRI, and biopsy through the program—examinations she said she could never have afforded on her own. Doctors detected breast cancer at a very early stage, allowing her to undergo successful breast-conserving surgery in which only the tumor was removed.

> ***"FIDEC Armenia helped me receive the mammogram, MRI scan, and biopsy. I could never have afforded these examinations on my own."***
>
> — Narine Sarkisian, program beneficiary

From screening to sustained care

The Ararat program was designed to ensure that a diagnosis led to action. By completing the treatment, equipment, medication, and education phases, donor support now continues to protect health well beyond the program's final visits.

Every promised component delivered

- **157 blood-pressure monitors distributed**—one per eligible family—to support regular monitoring at home.
- **57 glucometers with testing strips** provided to people diagnosed with diabetes.
- **Three months of prescribed anti-hypertensive medication** supplied to 166 patients.
- **Practical training delivered** on blood-pressure and glucose self-monitoring, medication adherence, nutrition, and healthier lifestyles.
- **Follow-up examinations, specialist referrals, treatment, and surgery** coordinated for serious conditions identified through screening.
- **Four rural clinics** serving all eight communities supported and trained to strengthen continuity of care.

A lasting impact for families and communities

For patients Earlier diagnosis, timely treatment, and the means to manage chronic disease at home—reducing the risk of preventable complications.	**For families** Lower financial barriers to essential examinations, medication, and monitoring equipment during a period of displacement and economic hardship.
For rural clinics Stronger links with specialists, practical training, and greater capacity to support patients after the program's completion.	**For Armenia** A community-based model that advances prevention, early cancer detection, and more equitable access to healthcare.

Thank you for making this possible

Because of your generosity, 250 vulnerable adults received more than a diagnosis: they received treatment, knowledge, medical devices, medication, and a pathway to continued care. Two cancers were detected and successfully operated on, chronic conditions can now be monitored at home, and four rural clinics are better equipped to support their communities.

Your support helped FIDEC Armenia fulfill its promise to families rebuilding their lives after displacement—and transformed early detection into lasting protection.

With deepest gratitude,
FIDEC Armenia Foundation